

FOOD FESTIVAL

By Aspens

WEEK ONE

MONDAY Family Faves

Option 1

Beef Burger in a Bun
Oven Baked Wedges
BBQ Beans

Option 2

Veggie Burger in a Bun
Oven Baked Wedges
BBQ Beans

Packed Lunch

Jacket Potatoes

The Finale

Peach Cobbler & Custard

TUESDAY Authentic Italian

Chicken Wraps
Green Salad

Pasta, Rice, Homemade Tomato Sauce & Crispy Onions
Green Salad

Lemon Drizzle Cake

WEDNESDAY Baking British

Roast Gammon
Roasties and Fresh Vegetables
Gravy

Quorn Sausage Toad in the Hole
Roasties and Fresh Vegetables
Gravy

Chocolate Brownie

THURSDAY Food Festival

BBQ Chicken
Wholegrain Rice
Broccoli

Mac n Cheese
Broccoli

Apple & Cinnamon Strudel with Custard

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Chips and Peas

Vegan Mince & Pea Slice
Chips and Peas

Oat Cookie

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Tasty Toppings

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

w/c 30/08, 20/09, 11/10, 01/11, 22/11, 13/12, 03/01, 24/01, 14/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

FOOD FESTIVAL

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WEEK TWO

MONDAY Family Faves

TUESDAY Authentic Italian

WEDNESDAY Baking British

THURSDAY Food Festival

FRIDAY Fun Day

Option 1

Chicken Tikka Masala
Spice Roasted Cauliflower

Chicken & Sweetcorn Pasta Bake
Whole Grain Penne
Garlic Slice
Green Salad

Roast Chicken
Roasties and Fresh Vegetables
Gravy

Hot Dog
Baked Paprika Wedges
BBQ Beans

Fish Fingers
Salmon or Pollock
Chips and Mushy Peas

Option 2

Tarka Dahl
Spice Roasted Cauliflower

Veggie Bolognese
Whole Grain Penne
Garlic Slice
Green Salad

Quorn Roast
Roasties and Fresh Vegetables
Gravy

Quorn Dog
Baked Paprika Wedges
BBQ Beans

Quorn Dipper Pitta
Chips and Mushy Peas

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket Potatoes

Crispy Skin Jacket Potato with Tasty Toppings

The Finale

Rhubarb Crumble & Custard

Marble Cake & Custard

Cornflake Tart

Jelly & Fruit

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

w/c 06/09, 27/09, 18/10, 08/11, 29/11, 20/12, 10/01, 31/01, 21/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch

FOOD FESTIVAL

By Aspens

WEEK THREE

MONDAY Family Faves

Option 1

Bangers & Mash
Green Beans
Gravy ▲

Option 2

Veggie Bangers & Mash
Green Beans
Gravy ▼

Packed Lunch

Jacket Potatoes

The Finale

Golden Syrup & Apple Sponge Pudding

TUESDAY Authentic Italian

Beef Lasagne
Garlic Slice
Sweetcorn ▲

Veggie Lasagne
Garlic Slice
Sweetcorn ▼

Sticky Toffee Pudding & Custard

WEDNESDAY Baking British

Roast Chicken & Stuffing
Roasties and
Fresh Vegetables ▲
Gravy

Cheese & Onion Puff Pastry Slice
Roasties and
Fresh Vegetables ▼
Gravy

Chocolate Orange Rice Pudding

THURSDAY Food Festival

Wholemeal Chicken Fajita
Wholegrain Rice
Broccoli ▲

Baked Bean & Veggie Sausage Cowboy Pie
Carrots ▼

Apple Crumble with Custard

FRIDAY Fun Day

Fish Fingers
Salmon or Pollock
Chips and
Baked Beans

Vegan Sausage Roll
Chips and Baked Beans ▼

Ginger Cookie

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

Crispy Skin Jacket Potato with Tasty Toppings ◆

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Autumn / Winter 2021

w/c 13/09, 04/10, 25/10, 15/11, 06/12, 27/12, 17/01, 07/02

▲ Meat ▼ Veggie ◆ Jacket Potato ■ Packed Lunch